

• A •

B C

D E F

• G H I J K •

L M N O P Q R

S T U V W X Y Z

• A B C D E F G H I J K L M N O P •



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# Your “Sweet Spot”

Measure the distance where **Line 6** looks clearest with your right eye, with your left eye, and with both eyes. Record your results 1 to 4 times per month.

*Line 6 too small? Try Line 3 or Line 1.*

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